

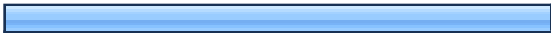











1. Please indicate any barriers preventing you from accessing parenting resources/support in your community by checking any of the boxes that apply to you.

		Response Percent	Response Count
Lack of transportation	<input type="checkbox"/>	20.4%	46
Child care not available to me	<input type="checkbox"/>	30.1%	68
I feel uncomfortable or intimidated about using a service	<input type="checkbox"/>	13.7%	31
Lack of programs relevant to my needs (please specify what your needs are in the comment box below)	<input type="checkbox"/>	15.0%	34
Lack of programs for fathers	<input type="checkbox"/>	11.5%	26
Cost of programs are unaffordable	<input type="checkbox"/>	12.4%	28
I am unaware of services in my community	<input type="checkbox"/>	35.8%	81
Other barrier (please specify in the comment box below)	<input type="checkbox"/>	17.3%	39

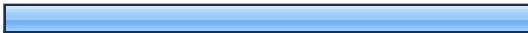












Please list any other barriers or comments in the box below: 80

answered question	226
skipped question	54

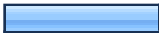



**2. Please indicate how you currently access parenting support in your community?
(Through whom do you get support?) Please select as many that apply to you.**

		Response Percent	Response Count
Friends		82.2%	227
Family		75.0%	207
StrongStart		32.2%	89
Family Resource Programs		16.7%	46
Child Care Provider		21.4%	59
Internet (please specify websites in the comment box below: i.e. Facebook, parenting blogs etc.)		47.8%	132
Magazines (please specify in the comment box below)		17.4%	48
Books		27.5%	76
Television		5.1%	14
Support group (please specify)		7.6%	21
Professional service provider(s) (please specify below: i.e. doctor, public health nurse, social/government agency etc.)		28.6%	79
other (please specify below)		6.9%	19
Please add any comments here:			143
answered question			276
skipped question			4

3. Where do you currently go to find out about parenting skills? Please choose all that apply to you.

		Response Percent	Response Count
Friends		79.2%	217
Family		72.6%	199
StrongStart		18.6%	51
Family Resource Programs		15.0%	41
Child Care Provider		10.9%	30
Internet (please specify website(s) below: i.e. Facebook, blogs etc.)		42.3%	116
Television		6.6%	18
Books		39.8%	109
Magazines (please specify below)		14.6%	40
Radio		1.8%	5
Professional service provider (please specify provider(s) below: i.e. doctor, health nurse, social/government agency etc.)		22.3%	61
Triple P Parenting Programs		19.3%	53
Other (please specify below)		4.7%	13
	Please add any comments here:		103
answered question			274
skipped question			6

4. Please indicate which community you currently live in, or are closest to, by choosing from one of the communities listed below.

		Response Percent	Response Count
Ladysmith		23.0%	62
Gabriola		0.7%	2
Nanaimo		74.1%	200
Lantzville		4.8%	13
answered question			270
skipped question			10

5. In the box below please add any additional comments you may have about accessing parenting services in your community.

	Response Count
	80
answered question	80
skipped question	200

Page 1, Q1. Please indicate any barriers preventing you from accessing parenting resources/support in your community by checking any of the boxes that apply to you.

1	Not a times that work for me. Need weekends and evenings	May 31, 2012 8:46 PM
2	Lack of information for grandparents that babysit or otherwise look after their grandchildren and have to conform to the parenting style their children advocate.	May 31, 2012 7:48 PM
3	No barriers...great resources in Ladysmith.	May 31, 2012 4:20 PM
4	The timing of many resources is usually during work hours.	May 31, 2012 3:33 PM
5	None of the above. We use all the programs available to us:)	May 31, 2012 1:45 PM
6	I have a colicky infant right now that makes it almost impossible to get out and about.	May 30, 2012 4:22 PM
7	I haven't found any barriers	May 30, 2012 2:07 PM
8	Have to work two jobs to make ends meet. Aren't many parenting classes during the day when I'm off	May 29, 2012 1:38 PM
9	Programs often offered during the day and therefore not accessible to working parents	May 29, 2012 12:39 PM
10	The only parenting service available to those of us with school age children is Triple P parenting, and the last two times I tried to sign up for it it was only offered during the week-during the day. Most of us work!	May 29, 2012 7:41 AM
11	not enough afternoon programs, cost of gas to programs,	May 26, 2012 10:34 PM
12	I have been to many(about 6) that haven't been relevant or helpful to my daughter or I and I am now finding it frustrating to continue searching for one that will benefit my daughter and myself.	May 25, 2012 10:23 PM
13	Single moms to children with special needs	May 25, 2012 10:20 PM
14	My husband and I work opposite shifts so times just don't work for us unless they are on a weekend and that rarely happens.	May 25, 2012 11:35 AM
15	space availabilty, location, parking, age appropriate, lack of information, the free parent magazine is focused on Victoria area not here	May 24, 2012 2:07 PM
16	none - I have been attending parenting ssupport groups fror almost 6 years now.	May 24, 2012 1:15 AM
17	I find the majority of resources are during the week daytime, which worked great while I was off. Now that I am back to work full-time, I can't go to any of the groups I used to go to.	May 23, 2012 8:17 PM
18	not available on weekends for working moms	May 22, 2012 4:25 PM
19	Time restrictions of a busy household and my own lack of knowledge as to services available in my area.	May 22, 2012 9:49 AM
20	there is a need for dad programs during the week	May 22, 2012 7:40 AM

Page 1, Q1. Please indicate any barriers preventing you from accessing parenting resources/support in your community by checking any of the boxes that apply to you.

21	Gabriola has limited opportunities.	May 21, 2012 8:32 PM
22	Many programs are within regular working hours and myself and my husband both work full time	May 21, 2012 4:16 PM
23	none	May 20, 2012 11:21 PM
24	Only have morning programs. By the time we get ready and out of the house most programs are almost over. Need afternoon groups -cost of gas -knowing when it's on	May 20, 2012 12:52 PM
25	I now work FT & I feel ALL the baby programs ie PCMG are during the week in the middle of the day.	May 20, 2012 7:36 AM
26	I work full time and most services are offered during the day (which is fine the first year when at home).	May 20, 2012 12:14 AM
27	Lack of programs available during off-work hours - inaccessible to working parents.	May 19, 2012 9:47 AM
28	Time, time and time. The services are fantastic, I just have difficulty finding the time to look for new resources. It would be great if there were some kind of information webpage where ALL the services were noted in ONE place.	May 18, 2012 9:04 AM
29	programs are smack dab in the middle of baby's naptimes	May 18, 2012 7:07 AM
30	I am having twins and find a complete lack of support and information about it!	May 17, 2012 9:41 PM
31	no barriers, lots of low cost/free resources avail & well advertised	May 17, 2012 8:43 PM
32	I work and can't make it to programs due to that fact.	May 17, 2012 5:00 PM
33	When my daughter was younger, I tried going to Healthy Beginnings, but it was difficult getting all the way to Grant Ave from North Nanaimo. I hope it'll be offered again at Oliver Woods Community Center. Also, it would be nice to have it around 11 am, as 10 am and 1:30 pm are common nap times. We also really enjoyed going to Mother Goose classes and would like to see them offered more.	May 17, 2012 7:49 AM
34	i work 4 days a week so am only available fridays and evenings	May 16, 2012 12:57 PM
35	Interested in attachment parenting	May 15, 2012 6:09 PM
36	Busy schedule, single mom going to school full time.	May 15, 2012 4:15 PM
37	resources have been great.	May 15, 2012 11:19 AM
38	There is someone that attends the meetings aswell that has Harassed me in the past. So I tend to avoid going (Epiclly if its just me and not a group of friends)	May 15, 2012 11:01 AM
39	dont need it	May 15, 2012 10:47 AM
40	having 4 children it is nice to see all the programs but my kids are all over the	May 15, 2012 10:40 AM

Page 1, Q1. Please indicate any barriers preventing you from accessing parenting resources/support in your community by checking any of the boxes that apply to you.

	age requirement since they are all in school, we have one child that has a brain injury so hoping to find programs for his age but they are all not in the right age range. also looking for programs for blended families	
41	no barriers	May 15, 2012 10:18 AM
42	programs focused on the developmental stages of children and enhanced ways of supporting emotionally needy children or insecure children.	May 14, 2012 9:53 PM
43	There seems to be no support for real challenges in "blended" families-stepparenting etc. Also, challenging behaviours related to ADHD, and other childhood disorders, or real emotional issues that we are ill-equipped to deal with.	May 14, 2012 3:20 PM
44	my child has mental health needs	May 14, 2012 11:00 AM
45	too few locations too far apart.	May 8, 2012 8:47 PM
46	Much of the services are during work hours so for a working parent accessing them is difficult.	May 7, 2012 9:47 AM
47	5-10 yr children	May 6, 2012 9:13 PM
48	No barriers	May 6, 2012 8:34 PM
49	Generally, the facilitators are wonderful but there was one running a parent and baby group at Grant Avenue that was known as a strict "only one right way" facilitator. I must admit that I went to one group with her as the facilitator and never went again. I found other groups that worked for me.	May 5, 2012 8:55 PM
50	If you are specific to parenting programs (e.g., Parents' night out) sometimes it doesn't fit with either my work schedule/my husband's shift schedule, and that is a barrier as most are not designed for bringing a child, and there is not usually child minding. Or, there is child minding for day programs (some of the Triple P sessions) but not in the evening (when I would need it).	May 4, 2012 9:53 PM
51	Daytime parent participation activities for children 2 to 4 yrs (such as music & Mother Goose).	May 4, 2012 8:13 PM
52	I am aware of a wide variety of services in my community, but I'm sure I'm not aware of all of them :).	May 4, 2012 4:21 PM
53	I have more than one child and child minding is not offered in my town for parenting groups.	Apr 22, 2012 8:14 PM
54	Working during the day, but sometimes using evening programs if available.	Apr 20, 2012 8:58 AM
55	I am interested in parenting groups which are not "mainstream." And address issues such as normal length breastfeeding (beyond 2 years), attachment parenting, baby led weaning and other things.	Apr 17, 2012 3:41 PM
56	No barriers that I know of	Apr 16, 2012 1:50 PM

Page 1, Q1. Please indicate any barriers preventing you from accessing parenting resources/support in your community by checking any of the boxes that apply to you.

57	Lack of programs for PARENTS of pre-teens and teenagers in Ladysmith. My children are 11 and 14. Ladysmith Family and Friends is a wonderful resource for all families especially those with Children aged 0-6. They are leaders in providing resource links to the community for all activities of interest to families through their facebook site and email list. Much of the information I receive about family related activities comes through them.	Apr 15, 2012 6:57 PM
58	None. I find all the resources and groups very accessible.	Apr 13, 2012 2:57 PM
59	Autism	Apr 12, 2012 9:48 PM
60	I only work half time but I still need flexible before and afterschool care. BUT I only need a short time for afterschool, one hour, but I still have to pay the full afterschool fee of 15.00. I feel that that is too much!!	Apr 11, 2012 7:56 PM
61	Trolley isn't stroller friendly	Apr 11, 2012 3:52 PM
62	Time constraints	Apr 11, 2012 10:40 AM
63	lack of time	Apr 11, 2012 10:21 AM
64	no barriers	Apr 11, 2012 9:58 AM
65	Most programs are offered during the day (working hours). When I return to work in September, I would love to take my 11 month old to a pre-school activity in the late afternoon (4-5pm) or on weekends. I can't be the only parent working outside of the home! :)	Apr 11, 2012 9:31 AM
66	I have a very active yet sensitive/easily overstimulated child, and for the first 2 years there was very little in the way of programs for his age group. LAFF is wonderful, they just started doing a quieter version thursday afternoons which would have been great for him when he was little. There is also strong start but it's too structured for little ones. The music programs are not engaging or entertaining enough and hard to follow for parents never mind kids. I'd love to see more programs in the evenings that DAD could take the kids too. Laff at aggie on thursday nights is great but is also at the same time as swimming lessons for his age, I would like to see more days offered, or even a craft group.	Apr 11, 2012 8:31 AM
67	I love my community and I have nothing to complain about.	Apr 11, 2012 8:26 AM
68	lack of services in my community (CEDAR)	Apr 10, 2012 11:32 AM
69	Social skills programs for youth with non-verbal learning disabilities have only been held in Victoria in the evenings over the years.	Apr 6, 2012 11:12 AM
70	Hours of service often unable to accomodate working parents	Apr 5, 2012 10:52 AM
71	Resources/support hours are challenging to accomodate around work days (as single parent)	Apr 4, 2012 10:00 PM
72	no barriers - services very accesssible	Apr 4, 2012 2:47 PM
73	No online calendar to see the scheduled topics each week	Apr 3, 2012 9:47 PM

Page 1, Q1. Please indicate any barriers preventing you from accessing parenting resources/support in your community by checking any of the boxes that apply to you.

74	there is no option if you are satisfied	Apr 3, 2012 8:18 PM
75	lack of peanut free childcare (child has a very sensitive allergy)	Apr 3, 2012 4:53 PM
76	We need help managing the difficulties of siblings of a blended family household. The dynamics of a blended family are different/step-parenting, etc. Also, need help with activities to do with family and children that are affordable (ie/ 9 and 6 year old can't really come to baby groups).	Apr 3, 2012 4:18 PM
77	services for parents of children with disabilities. - coping classes, support, goal strategies. etc.	Apr 3, 2012 4:10 PM
78	Our son was diagnosed with autism a year ago, and we have been somewhat overwhelmed getting all the resources in order and finding out what support is available and how it will fit in with our family. Its sometimes difficult finding the right person/agency to help and then frustrating waiting for responses. I have also found it difficult to have the people to follow through on what was initially discussed, and am somewhat reluctant to keep trying certain avenues. - in November we were wait listed for a program with the Child development center and were recently informed that an appropriate group probably wont happen for our son until the fall. We had also tried to put him into other similar groups but they were cancelled for various reasons. (they were groups for kids with autism to work on their skills in a group setting, the exact thing that my son really needs)	Apr 3, 2012 3:08 PM
79	Many parenting classes/resources are not condusive with my work schedule.	Apr 3, 2012 1:08 PM
80	Often courses are during work hours or in the evening when I don't have child care. Looking for support for behavioural issues for 6 year old.	Apr 2, 2012 1:36 PM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

1	facebook, parenting blogs, internet web sites	May 31, 2012 7:48 PM
2	good start, parents first choice	May 31, 2012 5:44 PM
3	LAFF	May 31, 2012 4:20 PM
4	today's parent	May 31, 2012 2:10 PM
5	Doctor and public health nurses.	May 31, 2012 12:31 PM
6	I like the Baby Center website it has been informative and I like the updates you can get sent to you based on your childs ages and stages. Today's Parent Magazine and Canadian Parent are both good sources of info from time to time as well.	May 31, 2012 9:26 AM
7	Facebook, La Leche	May 30, 2012 4:22 PM
8	Healthy Beginnings Internet: MamasRetreat.com (facebook) and Healthy Beginnings Nanaimo facebook	May 30, 2012 2:07 PM
9	i usually google any issues that i have, and follow links to either medical info, child development specialists, etc....	May 30, 2012 9:22 AM
10	Counselling	May 29, 2012 1:38 PM
11	SOS, Island Health Authority	May 29, 2012 11:25 AM
12	crisis pregnancy center of nanaimo	May 29, 2012 11:18 AM
13	As a child care provider, I am often the only resource used by the parents I service. Again, most support is offered during the day and that makes it impossible for working parents to access.	May 29, 2012 7:41 AM
14	Tillicum princess royal programs	May 28, 2012 1:28 AM
15	Facebook	May 27, 2012 7:59 PM
16	Doctor, and government agency, facebook.	May 27, 2012 2:21 PM
17	pyschologist	May 26, 2012 10:54 PM
18	best babies	May 26, 2012 10:34 PM
19	Google concerns and/or questions, Doctor	May 26, 2012 9:35 PM
20	Boys & Girls club, family place playgroup	May 26, 2012 4:31 PM
21	Facebook. Mums online groups	May 26, 2012 3:28 PM
22	facebook swap and shops and feed back groups. google-parenting blogs. Public health nurse	May 25, 2012 10:23 PM
23	Today's parent, church	May 25, 2012 10:20 PM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

24	Internet = Facebook.	May 25, 2012 5:28 PM
25	Facebook	May 25, 2012 4:00 PM
26	babycenter.com todays parent	May 25, 2012 7:18 AM
27	Baha'i Faith	May 24, 2012 9:16 PM
28	Parks and rec magazine IDP worker through the CDC	May 24, 2012 2:07 PM
29	facebook	May 24, 2012 1:52 PM
30	Facebook	May 24, 2012 12:28 PM
31	Connections,MCFD, PUBLIC HEALTH, tillicum haus programs	May 24, 2012 1:15 AM
32	Internet: Facebook parent groups I used StrongStart while I was off a few times but will not be accessing anymore now I am working. I will be using a Child Care Provider starting June 1, 2012.	May 23, 2012 8:17 PM
33	websites regarding the concern i have (not facebook as i want proven information rather than someones opinion)	May 23, 2012 12:50 PM
34	facebook mommy groups	May 23, 2012 10:37 AM
35	Church	May 23, 2012 9:11 AM
36	facebook, parenting websites	May 22, 2012 4:25 PM
37	Facebook, parenting blogs, and doctor	May 22, 2012 12:26 PM
38	dads group, LAFF	May 22, 2012 7:40 AM
39	babycentre.ca	May 21, 2012 9:59 PM
40	Island Parent	May 21, 2012 4:16 PM
41	Today's Parent Magazine. What to Expect When You're Expecting Support Boards online	May 20, 2012 11:21 PM
42	Facebook, parenting blogs	May 20, 2012 3:49 PM
43	Other groups. Healthy beginnings best babies etc	May 20, 2012 12:52 PM
44	Parenting magazines	May 20, 2012 7:36 AM
45	facebook, huggies etc	May 19, 2012 8:41 AM
46	Today's PArent	May 19, 2012 8:03 AM
47	Facebook mom groups	May 18, 2012 8:55 PM
48	I have found many parenting related pages on Facebook and love reading blogs.	May 18, 2012 1:36 PM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

	We have chosen to parent loosely following attachment parenting principles and find that most community service don't meet my parenting ideals.	
49	today's parent magazine doctor, PHN	May 18, 2012 7:07 AM
50	Public health, doctors	May 17, 2012 8:43 PM
51	doctor and public health nurses	May 17, 2012 7:34 PM
52	pediatritian	May 17, 2012 12:51 PM
53	Child development Centre	May 17, 2012 10:20 AM
54	Internet: Facebook, mommy forum Magazine: Today's Parent	May 17, 2012 9:42 AM
55	Internet: websites on baby's sleep, forums, blogs, Nanaimo moms swap&shop on Facebook Professional service providers: doctor, public health nurse	May 17, 2012 7:49 AM
56	Today's Parent Paediatrician	May 16, 2012 8:58 PM
57	Todays Parent Magazine	May 16, 2012 8:39 PM
58	todays parent magazine	May 16, 2012 5:38 PM
59	Nanaimo Mom's Swap and Shop on Facebook Nanaimo Healthy Beginnings on Facebook PHN for her shots and Doctory Love for checkups	May 16, 2012 3:20 PM
60	drs, and community health nurses	May 16, 2012 12:57 PM
61	Today's Parent	May 16, 2012 9:08 AM
62	drop in program with the boys and girl club. today's parent magazine.	May 15, 2012 9:18 PM
63	Facebook parent group	May 15, 2012 6:09 PM
64	Child Development Center	May 15, 2012 4:53 PM
65	facebook	May 15, 2012 4:36 PM
66	facebook	May 15, 2012 4:24 PM
67	Parenting blogs, The Bump.com's Attachment Parenting forum, alyson.ca, nurtreshock.com etc	May 15, 2012 4:16 PM
68	Facebook,	May 15, 2012 4:15 PM
69	facebook	May 15, 2012 3:36 PM
70	facebook	May 15, 2012 1:04 PM
71	facebook,mommys forum	May 15, 2012 11:27 AM
72	VIHA, CDC, Community support worker.	May 15, 2012 11:19 AM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

73	facebook health nurse doctor	May 15, 2012 10:43 AM
74	mamas supporting mamas on facebook, mid island moms on facebook and nanaimo moms meetup group on meetup.com	May 15, 2012 10:40 AM
75	health center	May 15, 2012 10:18 AM
76	Connections Group, Mothers Wellness	May 15, 2012 10:15 AM
77	Facebook mommy groups	May 15, 2012 10:04 AM
78	Face Book Mommy forum	May 15, 2012 9:58 AM
79	LAFF	May 14, 2012 9:53 PM
80	Use the laff program in Ladysmith. Forums and groups on facebook.	May 14, 2012 3:20 PM
81	Parenting Without Power Struggles	May 14, 2012 8:22 AM
82	Internet: Facebook, Google, few parenting blogs - Peaceful Parenting, and The Mommies Made Me Do It Magazines: Today's Parent	May 11, 2012 11:48 AM
83	island parent	May 10, 2012 9:20 PM
84	Facebook group Public Health Nurse	May 9, 2012 9:57 PM
85	Island Parent Healthy Beginnings, public health nurse, my midwife	May 8, 2012 8:47 PM
86	Healthy Beginnings Group at Public Health Centre Postpartum Support Group at Princess Mary Public Health Center Island Parent Magazine Island Magazine Nanaimo Parks and Rec Centre Public Health Nurses	May 7, 2012 9:14 PM
87	CDC parenting course	May 7, 2012 10:10 AM
88	counsellor	May 6, 2012 9:13 PM
89	Magazine: Awake! (published by Jehovah's Witnesses, helps us apply guidance from the Bible.) Other support, our congregation of brothers & sisters at our local Kingdom Hall.	May 6, 2012 8:47 PM
90	Internet: dooce.com, babycentral, google, TheBump Magazine: Island Parent, Island Child	May 6, 2012 8:34 PM
91	Triple P Program , CVIMS	May 5, 2012 8:20 PM
92	Island Parent, Nanaimo Family, Todays Parent magazines, public health-Healthy Beginnings-so important	May 5, 2012 4:08 PM
93	I usually read the local parenting mags (Island Parent, the quarterly Child and Family magazing that comes in the paper) and sometimes Today's Parent or the Today's parent website. I get emails from Amber about upcoming events, I think because I took Mother Goose.	May 4, 2012 9:53 PM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

94	Read parenting blogs on the Internet.	May 4, 2012 8:44 PM
95	Facebook	May 4, 2012 6:17 PM
96	Facebook/ email	May 4, 2012 5:49 PM
97	We will be trying out Strong Start in the near future, and we have been going to healthy beginnings for about 7 months now. Internet websites include facebook, babycenter.ca, and google search.	May 4, 2012 4:21 PM
98	Facebook and Harbour city events (Internet)	May 4, 2012 1:14 PM
99	viha	Apr 24, 2012 7:59 AM
100	today's parents magazine health unit nurses Baby center website	Apr 23, 2012 11:15 PM
101	babycentre.com healthy beginnings public health nurse, gp	Apr 23, 2012 4:28 PM
102	I google my questions and look for the best answer to my situation.	Apr 22, 2012 8:14 PM
103	healthy beginnings facebook	Apr 20, 2012 1:52 PM
104	VIHA, PacificCare, CDC Nanaimo	Apr 20, 2012 8:58 AM
105	I am a part of a parenting group on Facebook which caters to families practicing attachment parenting, cloth diapers, baby-wearing among other things.	Apr 17, 2012 3:41 PM
106	Today's Parent	Apr 17, 2012 9:40 AM
107	My daughter and i have been using services through Tillicum (building better babies) and support groups at Princess Royal. As she grows i plan to access Strongstart and Mother Goose, she is currently 4 months old.	Apr 14, 2012 9:03 AM
108	CDC worker comes to my home,	Apr 14, 2012 3:06 AM
109	www.babycentre.ca and Facebook groups (local ones such as Super Moms).	Apr 13, 2012 2:57 PM
110	Counsellor	Apr 13, 2012 10:08 AM
111	Family Resource	Apr 12, 2012 9:48 PM
112	IMMIGRANT CENTER NO BODY'S PERFECT SUPPORTING GROUP	Apr 12, 2012 9:45 PM
113	Triple P, programs at Tillicum, I did prenatal lunch bunch, healthy beginnings. Get info from Vancouver Island Parenting on Facebook	Apr 12, 2012 1:13 PM
114	whattoexpect.com, facebook, parenting blogs, parenting canada (magazine)	Apr 11, 2012 4:29 PM
115	Facebook Today's Parent magazine	Apr 11, 2012 3:52 PM
116	spiritual Father	Apr 11, 2012 3:46 PM
117	Today's Parent magazine.	Apr 11, 2012 1:48 PM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

118	babycenter.ca Doctor	Apr 11, 2012 1:42 PM
119	Take 5 LaFF newsletter that is e-mailed	Apr 11, 2012 1:29 PM
120	Facebook moms group	Apr 11, 2012 11:50 AM
121	Autism parent group, CYSN, CYMH	Apr 11, 2012 10:40 AM
122	facebook island parent VIHA	Apr 11, 2012 9:31 AM
123	facebook: "the mommy forum", child development center family support (the waitlist is WAY too long).	Apr 11, 2012 8:31 AM
124	LAFF group	Apr 11, 2012 8:26 AM
125	Parent Night Out	Apr 10, 2012 11:32 AM
126	Born Healthy Program	Apr 9, 2012 2:28 PM
127	Neufeld newsletters, books etc via internet - Faber books	Apr 5, 2012 11:27 AM
128	I recently took part in the strongest families program recommended by my doctor. Pilot project in BC, put on by nova scotia public health.	Apr 5, 2012 9:00 AM
129	Parent Today O.T. at CDC	Apr 4, 2012 10:00 PM
130	Nanaimo Child Development centre	Apr 4, 2012 5:11 PM
131	Internet - what to expect website Magazine - Island parent, Today's parent Professional services- CDC, Triple P	Apr 4, 2012 2:47 PM
132	VIHA,	Apr 4, 2012 9:17 AM
133	Healthy Beginnings groups and Canadian Parent magazine subscription (Christmas gift)	Apr 3, 2012 9:47 PM
134	VIHA	Apr 3, 2012 9:40 PM
135	Dr. Midwife public health nurse CDC	Apr 3, 2012 8:03 PM
136	CDC services, Natural parenting websites/books/mags I usually just google questions I may have.	Apr 3, 2012 5:16 PM
137	Internet- Google, Facebook Professional services- Child Development Centre (family services, physiotherapist, preschool), Doctor, Counselor	Apr 3, 2012 4:53 PM
138	Facebook. Parenting blogs and forums. LaFF in ladysmith.	Apr 3, 2012 4:18 PM
139	facebook Apraxia kids, and mother swap nanaimo. Speech therapist, OT, Building better babies - tilicum house.	Apr 3, 2012 4:10 PM
140	anything on the internet having to do with ADHD and childrens behaviors, helping kids cope with anxiety, stress from parents being separated etc.	Apr 3, 2012 3:29 PM

Page 1, Q2. Please indicate how you currently access parenting support in your community? (Through whom do you get support?) Please select as many that apply to you.

	Pediatrician, Child Development Centre, Family Resouce Program-Parenting After Separation	
141	internet: google searches for specific information related to discipline, dietary suggestions (SCD diet vs gluten-dairy free), autism, aspergers, professional service providers: behavioural consultant supplied through the ministry, behavioural interventionist at Footholds, child's teacher, EAs; both the doctor and the pediatrician are not very knowledgable regarding Autism/aspergers.	Apr 3, 2012 3:08 PM
142	Today's Parenting	Apr 3, 2012 2:47 PM
143	google ideas for problems, subscription to parenting magazine, have read several books	Apr 2, 2012 1:36 PM

Page 1, Q3. Where do you currently go to find out about parenting skills? Please choose all that apply to you.

1	Today's Parent magazine	Jun 1, 2012 8:17 PM
2	Todays Parent , Canadian Parent	May 31, 2012 9:26 AM
3	best chance book	May 30, 2012 3:31 PM
4	same as #2	May 30, 2012 2:07 PM
5	i love dr. sears.	May 30, 2012 9:22 AM
6	Triple P Parenting at Health Unit- Parent Child Services/Public Health Nurse Internet- I usually use the internet when I'm concerned about a particular behaviour/issue. I don't rely on a particular website, but will browse through the results that come up when I do an internet search	May 29, 2012 12:39 PM
7	crisis pregnancy center	May 29, 2012 11:18 AM
8	I frequently have parents asking me about services in the community, and while there are many different kinds, the hours of operation are not designed to meet the needs of working parents.	May 29, 2012 7:41 AM
9	Tillicum princess royal	May 28, 2012 1:28 AM
10	facebook. I have finished the Triple P Parenting program and absolutely loved it. Wish I would have had this with my first child who is now 13.	May 27, 2012 2:21 PM
11	personal experiences	May 26, 2012 10:34 PM
12	Google	May 26, 2012 9:35 PM
13	Todaysparent.com e-newsletter with links to blogs	May 26, 2012 4:31 PM
14	As above	May 26, 2012 3:28 PM
15	family doctor and health nurse.	May 25, 2012 10:23 PM
16	facebook	May 25, 2012 4:00 PM
17	babycenter.com todays parent magazine	May 25, 2012 7:18 AM
18	Search engine used and various topics explored on random sites	May 24, 2012 9:16 PM
19	IDP worker through the CDC	May 24, 2012 2:07 PM
20	facebook	May 24, 2012 1:52 PM
21	Babycenter.com	May 23, 2012 8:34 PM
22	Internet: Facebook parent groups - it's not that I am learning but sometimes there is a conversation that gets me thinking about my parenting style... so probably more self reflection than anything. Magazines: I occassionally read Island Parent (I think that's it) and other parenting magazines I come across in baby stores, doctors offices, etc.	May 23, 2012 8:17 PM

Page 1, Q3. Where do you currently go to find out about parenting skills? Please choose all that apply to you.

23	tullicum house	May 23, 2012 12:03 PM
24	facebook mommy group, google searches dr, public health nurses	May 23, 2012 10:37 AM
25	facebook, parenting websites	May 22, 2012 4:25 PM
26	Facebook, parenting blogs: Peaceful Parenting + Mommies Made Me Do It, and doctor	May 22, 2012 12:26 PM
27	dads group	May 22, 2012 7:40 AM
28	Child Development Centre	May 21, 2012 4:16 PM
29	What to expect - website Today's Parent & Parenting - magazines	May 21, 2012 1:47 PM
30	Facebook, parenting blogs	May 20, 2012 3:49 PM
31	Personal experience	May 20, 2012 12:52 PM
32	at strongstarts when triple p comes	May 18, 2012 4:32 PM
33	As I said above we parent with out hearts and minds and to support out feelings I rely on facebook pages and blogs. I have a small network of friends who also parenting using attachment parenting as a guideline	May 18, 2012 1:36 PM
34	same as above	May 18, 2012 7:07 AM
35	doctor and pedatrician	May 17, 2012 12:51 PM
36	Child Development Centre	May 17, 2012 10:20 AM
37	Internet: Facebook, mommy forum Magazine: Today's Parent	May 17, 2012 9:42 AM
38	Internet: websites on baby's sleep, forums, blogs	May 17, 2012 7:49 AM
39	Internet - Google search for anything applicable Todays Parent Magazine	May 16, 2012 8:39 PM
40	Nanaimo cdc	May 16, 2012 8:09 PM
41	I loved healthy beginnings when my daughter was little, but having two full time parents it is a lot harder to attend groups...	May 16, 2012 3:20 PM
42	Online parent groups, api	May 15, 2012 6:09 PM
43	facebook	May 15, 2012 4:36 PM
44	parent groups, research,	May 15, 2012 4:24 PM
45	We found the Triple P program still focuses too much on praise and punishment for correcting behaviour. We prefer Alderian based methods. :)	May 15, 2012 4:16 PM
46	Google, Facebook	May 15, 2012 3:36 PM
47	doctors	May 15, 2012 1:04 PM

Page 1, Q3. Where do you currently go to find out about parenting skills? Please choose all that apply to you.

48	facebook mommys forum	May 15, 2012 11:27 AM
49	Facebook is a good one for me to ask for Questions. If not I normally go to Parent Today.	May 15, 2012 11:01 AM
50	blogs and wte facebook group	May 15, 2012 10:47 AM
51	facebook	May 15, 2012 10:43 AM
52	Nanaimo's Men's Resource Center	May 15, 2012 10:26 AM
53	Princess Royal Family Centre	May 15, 2012 10:15 AM
54	DR Sears, LAFF	May 14, 2012 9:53 PM
55	Parenting	May 12, 2012 9:19 PM
56	Internet: Facebook, Google, few parenting blogs - Peaceful Parenting, and The Mommies Made Me Do It Professional Service: Family Doctor	May 11, 2012 11:48 AM
57	usually google search, babycenter is one site I like	May 10, 2012 9:20 PM
58	Public Health Nurse	May 9, 2012 9:57 PM
59	Healthy Beginnings	May 8, 2012 8:47 PM
60	Today's Parent Magazine	May 7, 2012 9:14 PM
61	Jacqueline Green's The Great Parenting Show is a newsletter we get that allows us to listen to shows with special guests.	May 7, 2012 9:47 AM
62	circle of moms.com.; kerri isham presentations	May 6, 2012 9:13 PM
63	Sometimes I may ask my Family Doctor.	May 6, 2012 8:47 PM
64	Internet: dooce.com, babycentral, google, TheBump Magazine: Island Parent, Island Child	May 6, 2012 8:34 PM
65	Parent's Night out are great-Michelle Borba is wonderful	May 5, 2012 4:08 PM
66	see above I haven't taken any Triple P but I have been 'exposed' to the materials, I took a brief intro session through work when it was first introduced to our area, and I have been watching for a session that will fit with my schedule (which hasn't happened yet, unfortunately).	May 4, 2012 9:53 PM
67	Child development centre	May 4, 2012 8:44 PM
68	facebook Todays Parent	May 4, 2012 6:17 PM
69	Healthy Beginnings, babycenter.ca, facebook (nanaimo healthy beginnings page, Vancouver Island parenting page, etc)	May 4, 2012 4:21 PM
70	Books purchased and library. I wish the library had a more modern selection.	Apr 24, 2012 8:28 AM

Page 1, Q3. Where do you currently go to find out about parenting skills? Please choose all that apply to you.

71	viha	Apr 24, 2012 7:59 AM
72	Baby Center website	Apr 23, 2012 11:15 PM
73	babycentre.com healthy beginnings	Apr 23, 2012 4:28 PM
74	healthy beginnings facebook	Apr 20, 2012 1:52 PM
75	Programs offered by VIHA, PacificCare, CDC Nanaimo	Apr 20, 2012 8:58 AM
76	I frequent http://www.attachmentparenting.org/ as well as a facebook support group as mentioned above.	Apr 17, 2012 3:41 PM
77	Any parenting links I can find.	Apr 15, 2012 6:57 PM
78	google searches	Apr 14, 2012 5:26 PM
79	health nurses.... Jen Cody at Tillicum.... and Julie Rogers through PIP	Apr 14, 2012 9:03 AM
80	CDC worker	Apr 14, 2012 3:06 AM
81	LaFF, Healthy Beginnings, Mom and Baby Aquafit, and Facebook groups	Apr 13, 2012 2:57 PM
82	Counsellor	Apr 13, 2012 10:08 AM
83	IMMIGRANT CENTER	Apr 12, 2012 9:45 PM
84	Blogs, kellymom.com	Apr 12, 2012 5:03 PM
85	Vancouver Island Parenting on Facebook	Apr 12, 2012 1:13 PM
86	babycenter.ca	Apr 11, 2012 1:42 PM
87	various websites	Apr 11, 2012 11:50 AM
88	Today's Parent	Apr 11, 2012 11:11 AM
89	CDC	Apr 11, 2012 10:40 AM
90	"Parents Night Out"	Apr 11, 2012 9:31 AM
91	I took the triple p parenting program and didn't find it very useful, most of the information is common sense that we've already put into place. All the parents that took the course with us were dealing with kids who had behavioral issues that these strategies were not working for, and we all needed help specific to our children. I think the program does serve an important role for some parents, but I think it would be useful to have a support group or even a drop in or counsellor available for specific questions.	Apr 11, 2012 8:31 AM
92	Health nurse. LAFF group	Apr 11, 2012 8:26 AM
93	Neufeld newsletters, books etc via internet etc- Faber books, have taken Faber course	Apr 5, 2012 11:27 AM

Page 1, Q3. Where do you currently go to find out about parenting skills? Please choose all that apply to you.

94	Google, doctor	Apr 5, 2012 9:00 AM
95	Internet - what to expect website	Apr 4, 2012 2:47 PM
96	Mommy forum on facebook	Apr 3, 2012 9:47 PM
97	Island Parent Magazine BC government funded programs such as Parenting after Seperation	Apr 3, 2012 9:40 PM
98	CDC services, Natural parenting websites/books/mags I usually just google questions I may have. my daughter has a physiotherapist, and we are currently waiting for an ocupational therapist as well	Apr 3, 2012 5:16 PM
99	Internet- Google, Facebook Professional services- Child Development Centre (family services, physiotherapist, preschool), Doctor, Counselor	Apr 3, 2012 4:53 PM
100	tilicum house Building better babies.	Apr 3, 2012 4:10 PM
101	I try and read up on as much as I can (internet, books) on ADHD(nutritian) and child behaviors.	Apr 3, 2012 3:29 PM
102	I would like to attend triple p in the future, however have not accessed the service yet.	Apr 3, 2012 3:08 PM
103	Today's Parenting	Apr 3, 2012 2:47 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

1	Strong start is a fabulous resource. Really helped my son with the transition to school. Very positive discipline strategies are modeled there.	Jun 1, 2012 8:19 PM
2	I am fortunate that I am able to afford my own vehicle and can therefore get around Nanaimo to meet the needs of my family. However, for families without a car it must be hard as Nanaimo is so sprawled out.	May 31, 2012 10:59 PM
3	I see a lot of grandparents doing daycare, and I am sure they face the same issues, as to adult children expecting them to care for the children but no real guidelines as to what the adult children want in the way of behavior management for their children. I have been caught in the middle and sometimes will say no to doing daycare because I don't understand what my children mean by the new parenting terms and what the expectation is.	May 31, 2012 7:51 PM
4	I think Ladysmith has great programs for parents and children...very impressed.	May 31, 2012 4:21 PM
5	It would be nice to have services that are in the evening as well. I loved taking my kids to Strong Start but was unable to access that service once I went back to work. Also, there are areas in Nanaimo such as Chase River/Cinnabar Valley who could use more children activities and parent services as right now all these people require transport to get most services.	May 31, 2012 3:35 PM
6	It took about 6 months after I had my first child, to become confident and comfortable enough to go to programs in Ladysmith. Now, with two children we utilize programs all over town such as AEL, Mother Goose, Strong Start, LaFF and the library. I feel as though there is a constant gap between Laff and Strong Start. A lot of parents prefer LaFF(I'm NOT one of them) because it's very easy to 'lazy parent' there. Moms can sit back, drink their coffee and chat while the kids run around. I find Strong Start is more parent/child focused and I prefer that. We sometime attend LaFF, but Strong Start is our go to place. My son who starts Kindergarten this fall has always attended Strong Start and is now going into school feeling confident and comfortable because he's spent so much time at the Primary School. His developmental skills are also very advanced, as are alot of the Strong Start kids. I just feel that there is a problem with parents not 'choosing ' to attend the programs. Not because they don't know about them, but they find it 'easier' to attend things like Laff vs the resource center programs or Strong Start. Maybe they don't realize the essential skills that are taught at Strong Start? Kids can run anywhere, anytime, but they need to be exposed to developmentally focused programs to prepare them for success in school and life. I don't know how to reach parents that are unwilling to accept the broad needs of a child?	May 31, 2012 1:55 PM
7	I need childcare. In a big way. But it's waaaaaay too expensive for the average person that makes minimum wage. There's no point in working all day to give it all away to childcare providers. So i would rather not work. my children are the most important parts of my life, and i will not slave away just to have someone else raise my children. The government needs to give more to struggling families in the form of childcare subsidy. The rates of support have gone DOWN over the past few years, whereas the cost of living has gone UP. This makes no sense. Thanks for doing this survey, but until things change, i will not be accessing any services. I just cannot afford to.	May 30, 2012 9:26 AM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

8	There needs to be a babysitting service in this area. Currently I access friends and we swap looking after kids but they are not always available. Something that the care givers are bonded, have had some kind of first aid, criminal check. There are a few things offered in Victoria & Vancouver.	May 30, 2012 8:28 AM
9	It would be great to have Mother Goose programs for 2-4 year old during the day, not just late in the evening.	May 29, 2012 6:13 PM
10	Service providers need to offer services during the day on weekends and during the evening for working parents.	May 29, 2012 7:42 AM
11	I think our community has a lot of great programs and I am very pleased with the level of support available. When I was on my second mat leave, I attended healthy beginnings that had child care for my first child (at Princess Royal Health Unit). The funding was cut for that program so that child care was no longer offered. I think that funding should be restored. It was a fundamental part of helping me function during that stressful time (having a toddler and a newborn). There was also a cooking class offered as part of the program through community kitchens which taught us healthy recipes for our families. I think the funding was cut to this as well. It was great and I highly recommend re-introducing it. I love Strong Start (particularly Ms. Cathy's at Fairview - she really engages with the parents and children, and model's great skills for us to imitate). Mother Goose was fun too. Thanks for all the great services in this area.	May 28, 2012 12:18 PM
12	There needs to be more programs for 6 months -older aged children	May 28, 2012 1:30 AM
13	I am having my third child in 7 weeks and will try the health unit again. I will say that with my first child who is now 13 I used the health unit and found it to be very helpful. With my second child however I found the health unit to be very one sided and way to big of groups. So you could never really get to asking any questions and or getting answers. I loved the Mother Goose program and Library time and found it a wonderful place to make friends with other parents.	May 27, 2012 2:29 PM
14	afternoon programs needed i hardly get out of the house in time for a program	May 26, 2012 10:36 PM
15	Parenting workshops should be better advertised, held early evening, before bedtime & have childcare provided. They should also be free (I think most already are).	May 26, 2012 4:35 PM
16	I have been in contact with a number of free "mommy groups" that have committed to picking me up or working around my schedule and they have not followed through. Also, I have been to a number of groups that only have one or two people in them, which is fine, however I would love to be able to meet other local moms and allow my daughter to socialize with other babies.	May 25, 2012 10:25 PM
17	Would like to see parenting services for single moms with special needs children. Also more supports to help single parents better/refresh themselves. Single parenting is isolating and very self sacrificing. It is hard not to lose oneself in the process!	May 25, 2012 10:24 PM
18	None. There are a great amount of parenting services available, and are all very accessible.	May 25, 2012 5:29 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

19	There needs to be evening services...once your back to work after having baby the 'net is the only resource left.	May 25, 2012 4:01 PM
20	Schools/ teachers help with teaching skills(how to teach/educate our children) and also give support when parents are discouraged.	May 24, 2012 9:20 PM
21	I would like to see more acceable resources for parents with children who have special needs.	May 24, 2012 8:54 PM
22	While I was on maternity leave, I appreciated the parenting supports - especially Mother Goose. I loved learning new songs and rhymes for my daughter.	May 23, 2012 8:21 PM
23	I think it would be a great benefit to first time parents to have information (maybe in prenatal classes?) about hands on baby care. eg: how warm your little one should be, making sure to dry skin in all creases, etc. also info about what to watch out for when there is an older sibling in the house eg, making sure never to leave them alone, older sibling "sharing" toys that could be a suffocation hazard, etc.	May 23, 2012 12:53 PM
24	great programs, but more resourses needed	May 22, 2012 7:41 AM
25	I really feel there needs to be more supports and groups for parents with children over 1 who have to work and cannot attend traditional support groups during the day!	May 20, 2012 12:15 AM
26	It's really unfortunate that there aren't many programs in the parks and rec guide for the under 2 group. I am also very frustrated that everything shuts down for the summer months.	May 19, 2012 7:41 PM
27	sometimes things are cancelled because of lack of enrollment. or if things are listed with Nanaimo I assume they are not in Ladysmith so don't read the whole advirtmentent and I do not want to drive to Nanaimo but find out after the fact that it was in Ladysmith	May 18, 2012 4:34 PM
28	drop in services (eg: breastfeeding centre, library) easier to manage than appointment based services or classes	May 18, 2012 7:08 AM
29	Wouldnt even know where to begin even looking for services	May 16, 2012 7:34 PM
30	The amount of support in Nanaimo is fantastic. It was disheartening to hear when the lowered the amount of healthy beginning classes. The classes were already full and the fact that they are now having to turn moms away shows it needs more support. Anther way to help that would be to have some strong starts more geared towards 0-12 and another 12-24. When moms have arranged their own times to show up with similar aged children it was a much pleasant experience for both mom and child. I also would love to see more programs through nanaimo rec for ages 12-36 months. Art classes... playtime...music... etc.	May 16, 2012 3:25 PM
31	I would love to be able to access an online site, such as parks and rec, that would list available services in my community.	May 16, 2012 9:11 AM
32	I feel that Ladysmith has a strong support network for new moms which can still	May 15, 2012 9:07 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

	be used as your child gets older.	
33	The nurses at the health unit are fabulous and are always knowledgeable about what is going on in our community. I do not have the need to use these resources but know that there are such support programs.	May 15, 2012 9:07 PM
34	There is zero public transit in the area I live in. So when my husband has the car I cannot attend anything. Also, some courses that we could go to at night, are \$30 a person. So \$60 for my husband and I to attend a class like that is very unreasonable. That is more than half our groceries for the week!	May 15, 2012 4:06 PM
35	I dont really know where to find information on parenting services	May 15, 2012 11:57 AM
36	i like all the programs offered in the community just need to find some that more pertain to my kids ages plus money is an issue too with 4 kids	May 15, 2012 10:41 AM
37	I loved Healthy Beginnings when my Daughter was first born. I found it helped alot with any questions and meeting other new moms. I wish I could go to Strong start but I am back at work.	May 15, 2012 10:28 AM
38	My daughter is 3 years old and I'm a single father. I been in Nanaimo for two years and I'm finding it difficult to find support groups for single parents.	May 15, 2012 10:28 AM
39	We have multiple children (4) and things seem to target families of 1-2 kids. Bigger families need different types of supports.	May 14, 2012 3:21 PM
40	I am fairly new to the province(Been here 6 months) and have found it difficult to find out what resources are available. I was in the province for 4 months before hearing about StrongStart and found it useful to help me find out what is available.	May 12, 2012 9:21 PM
41	Have child minding in a few places for mothers of more then one child. More advertisement about services available. Some places can be very over whelming the first time a new mother goes, LAFF, which may deter parents.	May 11, 2012 11:50 AM
42	Must have transportation. Takes awhile to figure out what services are available. I am new to Nanaimo and it has taken a while to get connected and aware to what is out there. Pick up different things from certain places and other moms in the area.	May 7, 2012 9:15 PM
43	They all seem quite accessable to me, however, I've found that besides Strong Start & Mother Goose, I don't feel the need for any others. I also have to support of 2 other sisters who have all had there babies within the same year.	May 7, 2012 8:25 PM
44	There is parenting support for people with children under 5 , but what about children over 5 ? It would great to have mid week parenting support - like Fairview school to have the 5-12 yr olds be entertained in the gym while the mom's /dad's got to gether for seminars or group support or something I would find that really helpful.	May 6, 2012 9:13 PM
45	We just now found out about Triple P and we appreciate the program! It seems not many know about it.	May 6, 2012 8:49 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

46	I use this facebook website to find local things but wish there were other ways that all the info could be sourced... a local website maybe with "resources", "family events" etc. all in one location. http://www.facebook.com/groups/229228743754985/	May 6, 2012 8:35 PM
47	When i have attended Triple P, it's been great...encouraging.	May 6, 2012 1:13 AM
48	I love Strong Start at Fairview! I have been going for years with my three children. Cathy has does a wonderful job encouraging us to become a community, helping and enjoying each others' company.	May 5, 2012 8:57 PM
49	It would help if there is a program for single parent.	May 5, 2012 8:22 PM
50	I think that Nanaimo has wonderful programs for families and need to continue with the funding. Mother Goose is amazing and the Parent's Nights Out as well. Healthy Beginnings needs to have continuing funding as new moms of any status need support in the early days. Would be great to see a Nanaimo parenting blog about what is happening, things to see and do programs to join, tips and tricks all in one spot just for families and moms. Maybe there is one and I am unaware.	May 5, 2012 4:13 PM
51	If there were more child minding available for parenting courses, my husband and I could attend together, instead of one of us staying home and the other relaying the information. My daughter is 4 and I have only made it to one of the Parent's Night Out events.	May 4, 2012 9:55 PM
52	I often access the amazing Building Learning Together programs in Nanoose and parksville.	May 4, 2012 8:45 PM
53	The Child Development centre was a huge help for us as first time parents with a sick child. Thanks:)	May 4, 2012 6:19 PM
54	I feel like I do not have any real barriers to accessing parenting services in my community. I am aware of a wide variety of programs and services and take advantage of many of them. I am not sure if I am aware of everything going on for parenting services, but feel comfortable that I am well supported.	May 4, 2012 4:26 PM
55	All programs I attended were great. There seems to be better communication now about the programs through the school which for me is the best way to hear about them.	May 4, 2012 3:06 PM
56	Strong Start should be offered at EVERY elementary school so that thereis no excuse for families not to attend! It is amazing!	May 4, 2012 1:18 PM
57	I wish there was more support for ADHD and Autistic type children because their behaviour interferes with the education of all the other children. I am very worried about the tolerance for bullying on our schools. I wish there was a publicly funded Traditional School in our area, like Cloverdale in Victoria. http://www.sd61.bc.ca/school/cloverdale/	Apr 24, 2012 11:41 AM
58	I find if hard to find out about the programs and what they teach	Apr 24, 2012 8:01 AM
59	love healthy beginnings group!	Apr 23, 2012 4:29 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

60	I feel that the Healthu Beginnings program is useful, but often over-crowded and too long. I think it would be helpful to have shorter groups more often. For example, in Nanaimo they currently run Healthy Beginnings Tues/Thurs at Grant Ave. for 1.5 hours each for children ages 0-12 months. I think it would be more beneficial and age specific to do 2 45minute groups, one for 0-6, and one for 6-12. In that way the groups are smaller, and information can be given more specifically to the ages attending.	Apr 17, 2012 3:44 PM
61	in Ladysmith LAFF is amazing!!!!	Apr 17, 2012 9:41 AM
62	I have no comments	Apr 16, 2012 1:50 PM
63	Ladysmith is a community that sometimes does not fit within any broader area. We are included with the Cowichan Regional district yet we also have links to services provided through Nanaimo. It seems that our little city has done a great job of developing its own resource programs. However, it would be great if we weren't forgotten when the larger geographical areas are being funded for programs. Ladysmith is very isolated as there is no bus service to/from a larger area. Yet you can get a bus from Parksville to Nanaimo or a bus from Chemainus to Duncan. Lack of transportation is a huge issue when considering access the services provided in larger geographic areas. Don't forget to bring services to us..	Apr 15, 2012 7:04 PM
64	i moved to ladysith 3 years ago and found little information were to find progams. even now with my kids in school i find this distrct seems to forget about us. if u r not fom here its frustrating how much goes on and there is this assumption because its been going on for years everyone knows about it. boards with information do very little when they r inside the school andparents are to pick kids up outside.....not in the school.	Apr 14, 2012 5:35 PM
65	i haven't accessed a play group yet for my 16mo old due to i live so far out and i am to uncomfortable phoning for a p/u 'some of the groups supply a ride if needed' i am too shy,	Apr 14, 2012 3:11 AM
66	Not enough child are options for 1-3 years	Apr 12, 2012 5:04 PM
67	it's hard to know what is available when there is no type of advertising and the ppl that are suposed to tell you about this type of don't unless you ask questions and most ppl don't know to ask.....my son has missed out on countless oportunities because of my lack of knowledge, I don't usually find out about things till they are done :(Apr 12, 2012 1:19 PM
68	LaFF has saved me. I didn't know anyone in the community and now I have a strong network of mum friends, who are dealing with the same this I am.	Apr 11, 2012 3:54 PM
69	we've been grateful to Jacquie at LAFF and Sarah at Altair Montessori and Patti Fraser for assisting our family during our needs with young children. Bring back more story time at the Library !!	Apr 11, 2012 3:47 PM
70	It is easy to keep in the loop with the Ladysmith LaFF newsletter. It is packed with monthly events for parents/families/children....in Ladysmith. I don't always know what is happening outside of our town. We have such a fabulous town with	Apr 11, 2012 1:33 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

so many wonderful opportunities for parents and families. I feel fortunate to live here, and hope that I can give back as much as people in this town give to people with young families.

71 I have been delighted with the level of support I've received as a parent in Ladysmith. I have multiple choices of places to take my children and access ideas/support almost every day. Apr 11, 2012 10:17 AM

72 I am in South Wellington, so I access both Nanaimo and Ladysmith. Apr 11, 2012 9:32 AM

73 ladysmith is getting better but we need more programs for the kids under 5, and especially 3 and under. we also need more parent support services, even if that is just a phone number to call and talk to someone or ask questions. Apr 11, 2012 8:32 AM

74 LAFF Apr 5, 2012 11:27 AM

75 The program we did through Nova Scotia public health is called strongest families. You can access a strongest families BC website as well, you need your doctors referral to begin the program. Once identified as appropriate for the program, it's a 12 week program with a mentor over the phone involving once weekly phone interview/prep sessions and each week you have a certain skill you work on with your child. This is a behavioral program. It is for kids over 3 years of age up until the teens. Our 3 year old had some adjustment issues when a new baby came into our home last september and we saw behaviors like we'd never experienced with him before. Upon mentioning this to my doctor, she recommended this FREE program and we gladly accepted! It required alot of hard work and patience but what a change, our child is so different and our family is functioning so much better. As much as this is about children's behavior, we also realized a huge piece is about parenting style and focusing on positive parenting skills. Our actions directly impact their behaviors. I have talked to my child's preschool and they were thrilled to hear of such a program and just recently one of the 'problem behavior' children began the program because the daycare was able to provide the family some direction about it. So many people I talk to aren't aware of the program, I don't know how long it will be offered or if it's permanently funded, but if there was a way to educate all child care facilities and doctors offices and health units so families could be provided the information and access to this wonderful resource. It was a god send to us, and I wish it for more families so that parents and children realize they do not need to suffer, rather could be using a simple set of skills to make life so much more enjoyable. I am thrilled that when my baby gets bigger, I now have the knowledge and my handbook to refer back to, to overcome any issues that may arise! Thank you :) I just can not say enough good things about strongest families :) here's the link! <http://www.cmha.bc.ca/how-we-can-help/children-families/strongestfamilies> Apr 5, 2012 9:10 AM

76 Parenting support on weekends would be great, at least for one participant in the survey. Apr 4, 2012 10:03 PM

77 Nanaimo has great resources in this regar. Unfortunately there seems to be long wait lists for a lot of them Apr 4, 2012 5:13 PM

78 What exactly are "parenting" services? Are these family groups we could attend? Apr 3, 2012 4:20 PM

Page 2, Q5. In the box below please add any additional comments you may have about accessing parenting services in your community.

There is nothing to do for support and/or fun like Laff in Ladysmith in the afternoons, evenings, or weekends. This is where there is a huge need in our community. Among parents who converse through facebook groups-we have had huge input about Ladysmith needing afternoon/afterschool/evening drop in programs for kids (ie/ kindergym etc) that is affordable like the Laff program.

79

I know Nanaimo isn't as big as Vancouver but it would be great is there was a better understanding for professionals (ex teachers) for children with ADHD. Its been a real struggle to find any support groups for parents with ADHD children and there are none here on the island. Last year I had a real hard time getting my sons teacher to understand how my son works compared to the other students and close to the end of the year his teacher pretty much just put her hands up and said that she's done with him. Thank goodness the teacher he has this year is alot more understanding. I'm not sure if teachers/daycare providers already to go thru a course or something....to help detect or understand behavior differences in children. Also if there was a family resource available for familys who have a child(ren) with ADHD to come into the home help assess what can be changed to help the day -to-day challenges. Help put strageties in place for these families to help their child(ren) succeed. I get frusterated how my son feels like he's a bad person all because people don't understand him.

Apr 3, 2012 3:35 PM

80

Being a full time working parent I find it hard to access support services or to become aware of support services available or to know what I am eligible for. I rely on my parents to care for my children part time becasue full time day care is too expensive.

Apr 2, 2012 1:40 PM